

- ◆ The Standing Calf is a heavy-duty machine designed to enhance your calf muscles. This machine offers a range of features, including an anti-skid footrest, ergonomically angled shoulder pads, and a support handle for a safe and effective workout experience.

- ◆ **DIMENSION:**
Length : 56 inches / 142 cms
Width : 44 inches / 112 cms
Height : 75 inches / 191 cms
Weight Stack : 165lbs / 75kg

- ◆ **MUSCLE WORKED:**
Gastrocnemius
Soleus
Tibialis Anterior

